

## **Fundamentals of Clinical Care Programme – Phase 1**

**Clinical skills awareness training for Care Workers in community settings.**

### **Key focuses of the programme include:**

- For participants to have an awareness of prevalent long term conditions
- For participants to recognise deterioration and manage the unwell person
- Know when, who and how to escalate / signpost to for specialist advice or intervention
- Build upon the key knowledge gained during induction / Care Certificate enhancing the knowledge level and understanding of this practically
- Achieve the underpinning knowledge in order to progress to phase 2

### **Cohort 3 Dates:**

Day 1 – 1st October

Day 2 – 16th October

Day 3 – 30th October

Day 4 – 13th November

Day 5 – 27th November

Day 6 – 11th December

### **Venue:**

Alexandra Warehouse, Alexandra Warehouse, West Quay, Gloucester Docks, Gloucester, GL1 2LG.

**Timings:** 9.00am to 5.00pm

### **How to secure a place:**

To secure a place on cohort 3 please complete the learning agreement embedded at the end of this document. If you are unable to open this attachment please email [ptc@gloucestershire.gov.uk](mailto:ptc@gloucestershire.gov.uk) who will then provide you with the learning agreement. The agreement must be completed by the participant and their manager before attendance can be confirmed.

*Please note delegates will need to bring their own lunch as it will not be provided. Delegates must commit to attending all 6 days of the cohort they sign up to undertake the programme. Cancellation within 2 weeks of the programme or non-attendance to a day will incur our standard cancellation fee of £75 per day.*

Workshop Topics	Learning Outcomes
<b>Person Centre Care</b>	<ul style="list-style-type: none"> <li>Recap what is person centred care is in relation to this programme</li> <li>To understand the service user perspective</li> <li>To understand how simulation will be used</li> <li>Understand how Portfolio development will take place</li> </ul>
<b>Stroke</b>	<ul style="list-style-type: none"> <li>To have an understanding of stroke</li> <li>Understand how to support clients who have had a stroke</li> </ul>
<b>Nutrition &amp; Hydration</b>	<ul style="list-style-type: none"> <li>To be able to recognise dehydration &amp; Malnutrition</li> <li>To understand fortification of diet and how to support clients</li> <li>To understand the importance of oral health</li> </ul>
<b>Understanding Parkinson's Disease</b>	<ul style="list-style-type: none"> <li>To understand what Parkinson's disease is and how it impacts clients (including medication regimes)</li> </ul>
<b>Infection Control</b>	<ul style="list-style-type: none"> <li>To be able to apply infection control principles in persons own home</li> <li>To understand the importance or handwashing &amp; standard precautions</li> <li>Initiating conversations with clients/customers</li> </ul>
<b>Falls &amp; Managing Mobility</b>	<ul style="list-style-type: none"> <li>Have an understanding of some of the main risk factors (NICE guidelines) for falling &amp; actions carers can take</li> <li>Have an understanding of the physical activity guidelines for older adults - strength &amp; Balance</li> <li>Understand organisational protocols. Resources, reporting procedure</li> </ul>
<b>Management of Skin Integrity</b>	<ul style="list-style-type: none"> <li>Skin Care &amp; Assessment &amp; appropriate use of emollients</li> <li>EUPAP categories</li> <li>Pressure Ulcers verses Moisture associated damage</li> <li>Positioning of patients to reduce risk of Pressure ulcers</li> <li>Patient assessment to include record keeping, risk. Assessment/safe guarding and incident reporting</li> </ul>
<b>Diabetes &amp; Foot Care</b>	<ul style="list-style-type: none"> <li>Describe what diabetes is in basic terms &amp; differences between Type 1 &amp; Type 2</li> <li>Identify lifestyle factors that increase an individual's risk of developing diabetes</li> <li>Have an understanding of common signs and</li> </ul>

	<p>symptoms of a hypoglycaemic attack and simple first aid actions to take</p> <ul style="list-style-type: none"> <li>• Know when to seek medical advice when glucose levels are either too low or too high</li> <li>• Have awareness of how diabetes increases the risk of pressure ulcers and foot problems</li> <li>• What can go wrong with the Diabetic Foot</li> </ul>
<b>COPD</b>	<ul style="list-style-type: none"> <li>• What is COPD &amp; how does it impact on clients</li> <li>• How to recognise exacerbation of COPD and how to escalate</li> </ul>
<b>Continence Care</b>	<ul style="list-style-type: none"> <li>• Care of the indwelling catheter (passport)</li> <li>• Continence products</li> <li>• Signs &amp; symptoms of UTI</li> <li>• How Bowel &amp; Bladder work</li> </ul>
<b>Recognising &amp; responding to deteriorating and the unwell person</b>	<ul style="list-style-type: none"> <li>• Be aware that all service users can deteriorate unexpectedly &amp; recognise the signs – using a non touch technique</li> <li>• To be aware of NEWS &amp; how it can assist in recognition &amp; escalation</li> <li>• Be aware of key signs and symptoms of clinical deterioration including sepsis</li> <li>• Use of the community carers sepsis screening tool</li> <li>• Escalation using SBAR - understand the tool and how to use it</li> </ul>
<b>End of Life Care</b>	<ul style="list-style-type: none"> <li>• Gain understanding of advance care planning &amp; documentation at end of life (awareness of Respect)</li> <li>• Understand the 6 ambitions for Palliative &amp; end of life care</li> <li>• Understand the physiology of what happens in the last days of life</li> <li>• Gain confidence in providing care at the end of life</li> <li>• Gain confidence in supporting clients &amp; their families</li> </ul>
<b>Frailty</b>	<ul style="list-style-type: none"> <li>• Understand what frailty is</li> <li>• Understand how to best support clients who are frail</li> </ul>
<b>Round up &amp; evaluation</b>	<ul style="list-style-type: none"> <li>• Peer support &amp; action learning</li> <li>• Understand the next steps and opportunities in your care career</li> <li>• Evaluation &amp; Sharing of learning</li> <li>• Evaluation of course</li> </ul>

# Fundamentals of Care Pathway of Learning



**Please find the learning agreement below:**



FOC - Phase 1 -  
Cohort 3 Learning Ag